



Porters Grange Primary School

Physical Education

Sending and Receiving

Early Years	
Year 1	<p>Beginning to send and receive a ball using a piece of equipment. Beginning to send and receive a ball with my feet. Catch a ball after one bounce. Roll a ball towards a target. Throw a ball to a partner. Track a ball that is coming towards me. Work co-operatively with a partner. Recognise changes in my body when I do exercise.</p>
Year 2	<p>Beginning to trap and cushion a ball that is coming towards me. Accurately kick a ball to a partner. Catch a ball passed to me, with and without a bounce. Roll a ball to hit a target. Accurately throw a ball to a partner. Track a ball and stop it using my hands and feet. Beginning to provide feedback using key words. Work safely to send a ball towards a partner using a piece of equipment. Describe how my body feels during exercise. Work co-operatively with a partner and a small group.</p>
Year 3	The skills acquired in sending and receiving are applied through a variety of units in KS2 such as football, handball etc.
Year 4	
Year 5	
Year 6	